

IMA FOCUS

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Dear Senior Members, Colleague and friends,

!!Greetings from the Editorial committee!! Wish you all happy Doctors day

On behalf of the Editorial committee, I congratulate all our esteemed IMA KSB Doctor's day -2025 awardees. Though it was a herculean task of short listing by the awards committee due to exemplary works done by the applicants. Our State working committee graciously took the decisions of awarding on doctor's day on July 1st, 2025 at Dr. Basavarajendra Auditorium, BMCRI Campus, and Bangalore.

This month we are very unfortunate to loose many of upcoming doctors and medical students in Ahmedabad due to the flight accident, a terrifying accident. It still remain in all our minds and cannot forget in our lifetime. The dreams of becoming a medical professional to serve the humanity shattered due to unforeseen event. "Rest their soul in peace". We pray almighty to give strength to bereaved parents and families.

Now, the time has come for us to continue our WHO health awareness days and every IMA branch has the potential to work and service to the community at the full extent. All our IMA branches have to gear up by more activities of the branch & documenting for future awards by IMA KSB both for this year Teacher's day & MEDICON 2025 awards.

It is shocking to know that many heart attacks have been encountered in the last 40 days in one particular district of Hassan. It has caused too much alarm to medical professional, policy makers and public at large. Sudden heart attacks among young people are a growing concern, and recent studies in India have shed light on the complex mix of factors behind this alarming trend. Here's a breakdown of the key causes:-

Genetic and Medical factors: Inherited heart conditions like Long QT syndrome, Brugada syndrome, and hypertrophic cardiomyopathy can disrupt heart rhythms. Undiagnosed structural defects or coronary artery anomalies may silently increase risk. Post-COVID complications in some cases have been linked to increased cardiac vulnerability.

Lifestyle and behavioral triggers: Chronic stress from work, social pressure, and digital overload can elevate blood pressure and inflammation. Smoking, alcohol and recreational drug use damage blood vessels and raise heart rate dangerously. Poor diet—especially processed foods high in sugar and Trans fats—contributes to plaque buildup. Lack of sleep disrupts hormonal balance and increases risk of diabetes and hypertension. Sedentary habits and overtraining without rest can strain the heart.

Fitness steps: Excessive gym supplements and intense workouts without proper recovery may trigger cardiac events. Focus on appearance over cardiovascular health can lead to neglect

of heart-friendly exercises like walking or yoga.

It is also interesting to know that ICMR and NCDC conducted nationwide studies and found no direct link between COVID-19 vaccines and sudden deaths in young adults. Instead, they emphasized lifestyle, genetics and pre-existing conditions as primary contributors. Definitely we need to rule out possibility of the previous covid vaccines administered by those studies and also long back they were administered.

We need to enroll more and more of our medical colleague & our alumni friends in Karnataka to become IMA life memberships as many still aware of innumerable advantages of becoming an IMA life member.

Jai Hind

Jai Karnataka

Long Live IMA



ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ, ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ, ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲರೂ ದು:ಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



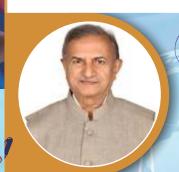
IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure





ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ. ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು. ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ. ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ. ಜೈಹಿಂದ್ ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



President's Message

Dr. V.V. Chiniwalar

Dear Colleagues

Wish you all happy Doctors day.

On 1st of July IMA KSB celebrated the Doctors day by honoring 14 eminent Doctors including 4 women from various parts of Karnataka.

Sri Dinesh Gundurao honourable Minister for Health & Family Welfare, Dr.Justice Ashok B Hinchigeri Chairman Law Commissioner Karnataka, Dr N T Srinivas MLA Kudligi were the guests for this occasion. The programme was meticulously organized and executed perfectly. Everyone appreciated.

On 07/06/2025 the newly constructed building of IMA MANDYA was inaugurated by 3 eminent Mahaswamigalu-

- Sri Sri Sri Sutturu Deshikendra Mahaswamigalu Sutturmath
- 2. Sri Sri Sri Dr Nirmalanandanatha Mahaswamigalu Adichunchanagiri
- 3. Sri Sri Sri Siddalinga Mahaswamigalu Siddaganga math Tumakuru.

The building was constructed on Bengaluru-Mysuru Express Highway with a well planned.

The hospital at Maski town was sealed by DHO due to the Maternal Death because of attacks by mob was resolved and hospital seal was opened after the interference of IMA KSB. This is the STRENGTH OF IMA.

IMA National Hq and IMA KSB strongly opposed the move of CENTRAL GOVERNMENT to start course ie MIXOPATHY- MBBS + BAMS. The Doctors who come out with this degree neither trained totally in Allopathy or Ayurvedic so difficult for them to practice. They will not be perfect in any of the systems. So the Central Government should take back this project.

On14th & 15th June there was MEDICO LEGAL CONFERENCE at Gadag conducted by IMA Gadag one of its kind in the history of IMA KSB. It was well conducted with good topics & Speakers. Congratulations to Dr Pavan Patil and his team.

This month I visited the following branches Chitradurga, Holalkere, Bhadravathi, Shivamogga, Honnali, Harihara, Shikaripur, Sagar and Sirsi along with Dr Malavegowda, Dr KN Madhusudhan. Dr Kotturesh Dr Vani Kori.

State Working Committee meeting was held at SIRSI on 22/06/2025. It was well organised by IMA SIRSI branch. Congratulations to Dr Krishnamurthy & Dr Dinesh Hegde. It was an unfortunate incident of plane crash at Ahmedabad killing 240 passengers and 5 medical college students. Let their souls be rest in peace.

Jai Hind!

Jai Karnataka!

Long live IMA!





Happy National Doctors' Day 2025!

I would like to take this opportunity to express my deep appreciation and share a few reflections on recent impactful events led by the Indian Medical Association – Karnataka State Branch (IMA KSB).

First and foremost, IMA KSB has been actively involved in addressing various pressing issuesfrom the Maski incident to Mixopathy. The recent SWC meeting at Sirsi was exceptionally well organized. I must acknowledge the commendable efforts of IMA Sirsi, including the development of their own building, establishment of a blood bank, continuing medical education (CME) activities, and various social service initiatives. Among the leaders, Dr. Dinesh Hegde stands out as a dedicated figure whose leadership continues to inspire many IMA branches across the state.

The medico-legal conference at Gadag, held under the leadership of Dr. Pavan Patil, was truly outstanding. It highlighted the need for more such CMEs and conferences to enhance doctors' medico-legal awareness. In today's evolving landscape, legal literacy is essential for doctors to ensure self-protection, alongside subject expertise and clinical skills.

The theme of this year's National Doctors' Day-"Behind the Mask: Who Heals the Healer" aptly emphasizes the importance of doctors caring for their own health and well-being. It reminds us all that to care for others effectively, we must also prioritize rest, mental health, and personal balance.

The Doctors' Day celebration was conducted in a grand and inspiring manner by IMA KSB under the able leadership of Dr. V.V. Chiniwalar, President of IMA KSB. I cannot refrain from appreciating Dr. Madhusudhan Kariganur, Dr. Shankarnarayan, Dr. Madhushankar, and many others whose untiring efforts and behind-thescenes contributions were instrumental in making the event a resounding success.

I extend my heartfelt congratulations to all the awardees who were recognized for their exemplary service across villages, taluks, districts, literature, and other domains. The selection of awardees was widely appreciated, as each award truly reached the most deserving. Special appreciation goes to the award committee, chaired by Dr. Soumya Sharan, whose fair and transparent judgment received unanimous approval at the SWC meeting in Sirsi.

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The event truly felt like a Doctors' Festival — full of enthusiasm, unity, and pride. We were deeply honored by the presence of several distinguished guests:

Hon'ble Health Minister Sri Dinesh Gundu Rao, Dr. Justice Ashok B. Hinchigeri (Chairman, Karnataka Law Commission), Dr. N.T. Srinivas, MLA Kudligi and practicing ophthalmologist.

Their participation added immense value to the occasion.

IMA KSB wisely utilized this gathering to spotlight ongoing challenges faced by clinics and hospitals — including Fire NOC issues,

KPMEA license renewals, and more. I Thank media friends for wide coverage, Such platforms are essential for voicing concerns and working collaboratively toward meaningful resolutions.

The overwhelming attendance of more than 350 doctors filled our hearts with joy and pride. The celebration was a fitting tribute to Dr. B.C. Roy, whose legendary contributions continue to guide and inspire the medical community. Let us all imbibe his noble values, serve with compassion, and never forget to care for our own health and well-being.

Jai Hind!

Jai Karnataka!

Long live IMA!

IMA Hq. Building Fund Contribution

We have received E-mail letter from IMA Headquarters regarding Re-Building of IMA Headquarters existing Building situated at I.P. Marg, New Delhi. As discussed and deliberated in the 882nd State Working Committee Meeting held on 10.11.2024 it is decided to contribute from IMA Karnataka State Branch for the same.

In this regard we kindly request you to contribute from Local Branches of IMA in Karnataka and we will send all Local Branches contributed amount to IMA Headquarters for Re-Building of existing Building IMA Headquarters, New Delhi. You can transfer or pay your contribution amount to the following Account Number or use herewith attached QR Code to transfer the amount and let us know the Transaction details. Please collect fee from members and send the list of contributed members...

Account Details as given below:

Name of the Account : IMA-KSB HQ., Building Fund A/c

Name of the Bank : State Bank of India

Branch Name : TSP Road Chamarajpet

Account No. : 43699202322 IFSC Code : SBIN0070242





Dear Esteemed Members,

!!Greetings from IMA Karnataka State Branch!!

As a team for current year, we are in second half of our tenure. As done in the past, we have

Continued to visit the local branches. At each branch we listened to the members' issues and propagated the activities of IMA at large and benefit to the member through the association and requested to strengthen the primary membership and schemes membership. Happy to share that IMA Gadag Branch under the leadership of Dr. Pavankumar Patil and team conducted Medico-legal conference on 14th and 15th June, 2025 under the aegis of IMA-KSB. It was well attended by members physically and virtually and well appreciated. All speakers spoke well and covered almost all Medico-legal issues. The conduct of "MUTE COURT" by Dr.Jogarao and team was excellent and well appreciated. In this regard, I congratulate Dr. Pavankumar Patil, Dr. G. B. Bidinahal sir and other organizing team personally and on behalf of IMA-KSB.

Recorded version of Medico-Legal Conference is available on the Youtube for those who

missed it. Kindly go through it as it is useful in our day to day practice.

Day 1. https://youtube.com/live/xle93dycTb8

Day 2. https://you tub.com/live/s_p3qsRxmng

Other programs, I would like to highlight is the 886th State Working Committee Meet at Sirsi

With "Mixed Basket CME" held on 22 nd June 2025. In this regard, I congratulate Dr.Krishnamurthy, President, IMA Sirsi Branch and CME organizing Chairman Dr.Dinesh Hegde and organizing team for the grand success of the same. Their hospitality was super and well appreciated. On this occasion Dr.Y.C.Yogananda Reddy Sir, spoke on importance of KMC a link between doctors and public, and Dr.Pavankumr Patil spoke on the proceedings of any case / dispute against doctor at KMC, it was very useful. At last I request all the esteemed members of IMA across Karnataka to participate in 81 st

MEDICON-2025 (KISHKINDA) to be held at Gangavathi on 24th, 25th and 26th October 2025.

Jai Hind!

Jai Karnataka!

Long live IMA!



Indian Medical Association (R)

Karnataka State Branch

IMA House, Near IMA Circle, A.V. Road, Bengaluru - 560018, Email: imaksbpresident@gmail.com

Ref: IMA/KSB/IMA-AMS Oration/1071/2025

Date: 5th July 2025

To:

The Presidents / Honorary Secretaries, Local Branches of IMA in Karnataka.

Dear sir / Madam,

Subject: Call for Nominations - IMA-AMS Dr. B. M. Alur Oration 2025

The IMA KSB State-level IMA-AMS Conference is scheduled to be held on 7th September 2025 at Chitradurga. As part of this prestigious event the IMA-AMS Dr. B.M. Alur Oration will be delivered during the conference.

In this regard, nominations are invited from eligible and distinguished members of IMA-KSB to be considered for delivering this esteemed oration.

We request Local Branches of IMA-KSB to propose the names of eminent speakers from their branch who are members of IMA-AMS. Each nomination must include the following details:

- · Complete Bio-data
- · Passport-size photograph
- Address
- Phone/Mobile number
- Email ID
- IMA-AMS Membership Number / Applied for Membership (Mandatory)

Nominations should be submitted to the Honorary State Secretary, either by post or via email, at the following address:

To:

The Honorary State Secretary, IMA Karnataka State Branch, IMA House, Near IMA Circle, A.V. Road, Bengaluru – 560018, Email: imaksbpresident@gmail.com

The last date for receiving nominations is on or before 5:00 PM, 14th August 2025. Nominations received after this deadline will not be considered.

The IMA-KSB Award Committee will review the nominations and select the orator based on merit and eligibility.

Thanking you,

Yours sincerely,

Dr. VEERABHADRAPPA V. CHINIWALAR President

Dr. SURIRAJU.V. Hon. State Secretary

Copy to: (1). Dr.T.A. Veerabhadraiah, President-Elect, IMA-KSB

- (2). Dr.S.Y. Mulki Patil, Chairman, IMA-AMS, Karnataka State Chapter
- (3). Dr.Sowmya.Y.J, Chairman, Awards Sub-Committee of IMA-KSB
- (4). The President / Secretary, IMA Chitradurga Branch for information

Please note: The First-Class travel and accommodation expenses of the selected orator will be borne by the Organizing Committee of the Conference.

Date: 5th July 2025



Indian Medical Association (R)

Karnataka State Branch

IMA House, Near IMA Circle, A.V. Road, Bengaluru – 560018, Email: imaksbpresident@gmail.com

Ref: IMA/KSB/Teacher's Day/1072/2025

To:

The Presidents / Honorary Secretaries, Local Branches of IMA in Karnataka.

Dear sir / Madam,

Subject : Inviting Nominations from the IMA-KSB Local branches for the"IMA-KSB Teacher's Day Awards 2025"

Indian Medical Association, Karnataka State Branch is organising Teacher's Day celebration on 7th September 2025 at Chitradurga. On this occasion, 14 distinguished medical teachers from Karnataka, including 4 eminent women doctors, will be honored with the "IMA-KSB Teacher's Day Awards 2025" in recognition of their outstanding contributions to the field of medical education.

- a) 4 Teachers from pre-clinical subjects (Anatomy, Physiology & Biochemistry) with minimum of 1 women teacher.
- b) 4 Teachers from para clinical subjects (Pathology, Microbiology, Forensic Medicine & Community Medicine) with minimum of 1 women teacher.
- c) 6 Teachers from clinical subjects (All clinical subjects with its allied super specialty branches) with minimum of 2 women teachers.

In this regard, nominations are invited from IMA Karnataka members through their respective local branches. The Local Branches of IMA-KSB are requested to forward the nominations strictly in the prescribed format (attached) to the address given below, either via email or by Registered post/Courier:

The Honorary State Secretary, IMA Karnataka State Branch, IMA House, Near IMA Circle, A.V. Road, Bengaluru – 560018

Email: imaksbpresident@gmail.com

The last date and time for submission is 5:00 PM on 14.08.2025.

The list of selected teachers to be felicitated will be announced on 25.08.2025 after 5:00 PM on the IMA-KSB website: imakarnataka.in, and the selected teachers will also be individually informed.

Thanking you,

Yours sincerely,

Dr. VEERABHADRAPPA V. CHINIWALAR President

Please Note: No TA/DA will admissible

Copy to: (1). Dr.T.A. Veerabhadraiah, President-Elect, IMA-KSB

(2). Dr.Sowmya. Y.J, Chairman, Awards Sub-Committee of IMA-KSB

(3). The Members of the State Working Committee for information

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"You are allowed to pause. You are allowed to breathe."

Hon. State Secretary

NOMINATION FORMAT FOR IMA-KSB TEACHERS' DAY

Name of the Teacher:	
Age: Date of Bir	th:
Name of the Medical College:	
Position:	
Specialty:	
Life Member of IMA:(Name of the E	Branch) Brar
IMA Life Membership No: KAR/	
Mobile No:	E-mail id:
Total Number of teaching experience	
	Publications
Journal : Indexed International	
Indexed National	
Journals	
	Textbooks
Books published as editor	
Books published as associate editor	
Contribution of chapters	
	Manuals/others:
Workshops:	
Organised & Conducted	
Organised only	
Faculty	
	Faculty
International conference	
National conference	
Local/regional conference	D
Deignam, au finst investigates	Research:
Primary or first investigator Secondary/other investigator	
Funded project/s	
Non funded project/s	
Non runded project/3	
Public health education	
Innovative teaching methods	
Patents:	
Guidelines/recommendations:	
Prizes/awards for teaching/training	
Academics	
Teaching skills	
Popularity and connectivity with students	
Academic Administration and leadership	
Contribution towards betterment of	
medical education IMA activities and leadership	
Social activities	
Any other relevant awards	
Any other relevant awards	

Signature of Teacher

Signature of the President / Secretary of Local Branch of IMA with Seal

SIGNATURE OF THE PRINCIPAL / DEAN / DIRECTOR WITH SEAL

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BRANCH ACTIVITIES

Branch : Belgaum

President : Dr. Sachin Mahuli

Secretary: Dr. Raghavendra D. Sagar

On 01.06.2025, Mega Health Camp was conducted at Khanapur Taluk, Belagavi at Aisharwad Hospital. In association with IMA Belgaum, IDA Belgaum and Shree ortho trauma care centre, Belgaum. Attended by over 25 + doctors with different specialty and over 300+ patients took advantage of the free consultation and diagnostic and screening test services which were available. Attended by many dignitaries MLA khanapur, MLC and Social Activists in and around Belgaum. On 04.06.2025, IMA KSB Sports for age 40 and above discussion took place and date fixed November second week 8and 9th of 2025. Appointment of one more multitasker office staff & job description was done. Appointment of 5 members for IMA Belagavi team for 3-5 years to look overall responsibility of IMA. On 07.06.2025, IMA Belagavi successfully hosted its Annual Continuing Medical Education program, at Shoonya Resort, under the inspiring theme "Advancing Healing Frontiers: From Operating Scope to Life's Summits." The event was graced by distinguished dignitaries: Chief Guest: Dr. Rohit Shetty, Chairman of Narayana Nethralaya, Bengaluru - an internationally acclaimed clinician-scientist and cornearefractive surgeon. Guests of Honour: Dr. Annasaheb Patil, Principal, Prof orthopaedics, BIMS, Belagavi, Dr. Santosh D. Patil, Nominated Member, Karnataka Medical Council and Professor & Head of Radiology, KLE Dr. Prabhakar kore hospital and medical research centre, Belgavi. The prestigious Dr. V. S. Metgud Oration was awarded to Dr. Rajgopal Shenoy, Chairman of the Karnataka State Chapter of ASI, in recognition of his leadership in surgical education. The IMA Oration was conferred upon internationally acclaimed anaesthesiologist Dr. P. F. Kotur for his outstanding contributions to the field of anesthesia and medical academia. Among the highlights: Dr. Usha Hegde-Ironman triathlete and mountain summit climber—graced the event, inspiring all with her achievements. Dr. Guruprasad delivered a powerful session on "Unwinding the Mind", guiding participants through breathing, relaxation, and mindfulness techniques for stress management. The two-day event saw the participation of over 380 medical professionals and offered a vibrant mix of academic excellence, wellness initiatives, and professional networkingon 22.06.2025, The international yoga day celebration was done at IMA hall Belagavi in association with Belagavi menopausal society. Resource person for the event Yoga instructor and

coach Dr Sheetal Sanikop. She told about the benefits of yoga and day today practice and took session with all members doing yogasanas for 1hr. The event was attended by over 50 participants.

Branch : Bhadravathi

President : Dr. Swarnalatha M.C Secretary : Dr. Preethi. J.M.

As a part of a series of rural health awareness programs, a health awareness program was conducted at Doddagoppenahali. More than 50 women of the SSY GrameenaSangha participated in an interactive session, where issues related to menstrual health and POCSO were discussed by WDW Chairman Dr. Veena Bhat. On 31.05.2025 IMAKSB President Dr V.V Chinnivalar along with Asst. Secretary Dr. K.N.Madhusoodan and Dr.R.N. Malayegowda visited IMA Bhadrayathi and addressed the members. He discussed about the various issues faced by the medical fraternity and also gave an insight into the various schemes of IMAKSB and motivated the members to enroll in them. On the 5th of June, World Environment Day was observed in association with Nirmala Hospital, where the Range Forest Officer and his team were invited. Dr Swarnalatha, Dr Lovelin, and Dr Angeleinspoke on the occasion. A play was enacted to highlight theharmful effects of deforestation and the use of plastic. On 15th, Sports Day was celebrated at the VISL stadium and various sports activities were conducted for all the family members of IMA Bhadravathi. On 18.06.2025, Dr Veena Bhat conducted an adolescent health awareness program at the Government High School, Gonibeedu. Awareness program on anaemia prevention, POCSO, and menstrual health was conducted at Kaarehalli government school and Dr Veena Bhat spoke on the occasion. Blood Donation Day was observed at Nayana Hospital, and Dr Veena Bhat explained the importance of donating blood. As a part of the HPV vaccination drive in association with Prashanthi Trust, more than 300 parents were counselled by the trustee Dr Veena Bhat, for the vaccination of the students, which is scheduled for the 20th of June.

Branch : Ballari

President : Dr. Manikrao Kulkarni Secretary : Dr. Sangeetha Kattimani

On 30.05.2025, on the event of NO TOBACCO DAY and World Asthma Day "Make inhaled treatments accessible to all " an awareness talk was delivered to students of VV Sangha degree and PU students regarding diseases related to usage of tobacco, effects on social life, Addiction

effects. Talk was delivered by Dr. Manik Rao Kulkarni, Professor of onco-surgery, BMCRC Bellary. IMA BELLARY along with Dr PYATI SRINIVAS ACHAR ENDOWMENT TRUST conducted Dr PYATI SRINIVAS ACHAR ENDOWMENT lecture at IMA HALL. Talk was delivered by Dr NIKHIL H R Interventional Radiologist Yashoda Hospital Topic: Cutting Edge in Interventional Radiology. On 07.06.2025, WDW Bellary Bellary OBG Society Celebrated "World Environment Day" at Sanjana Farms by planting samplings. On 07.06.2025, at Hotel Nakshatra IMA BELLARY with SAKRA WORLD HOSPITAL Organised a CME Speakers were. Topic: (1). "Renal Transplantation and Advantages" by Dr GOVARDHAN REDDY, Director of Renal transplant and Uro Oncology and (2). "Minimally Invasive and Robotic Surgery" by Dr DEEPAK GOWDA, Consultant Cardio Thoracic -Vascular Surgeon

Branch : Bangalore
President : Dr. Vijayanands
Secretary : Dr. Mahesh K.M

On 31.05.2025, On the occasion of World No Tobacco Day the Indian Medical Association, Bangalore Branch in association with Dept. of Psychiatry, BMCRI, is organizing a Jatha to create awareness among public with the theme for the year 2025- "Bright products. Dark intentions-Unmasking the Appeal". On Route: Victoria Hospital-BMCRI-KIMS-IMA House attended by our Hon. secretary Dr, Mahesh K M, Vice presidents Dr. Bharatha Raju G, Dr. Anantha Ramaiah T, Past Secretary Dr.Mohan Kumar M Public Relation officer Dr.VengopalK, and EC Members Dr.Aruna, Dr. Narashimamurty. It was attended by around 150 participants. On 05.06.2025 On the occasion of World Environment Day Indian Medical Association (IMA), Bangalore Branch and Micro labs. A unique walkathon program was organized under the slogan "Healthy Environment - Healthy Life". The walkathon began at Victoria Hospital new building and concluded at IMA House covering a distance of 1.5 kms. .attended our Dr, Mahesh K M, Vice presidents Hon, secretary Dr.Bharatha Raju G, Dr.Anantha Ramaiah T, Past Secretary Dr.Mohan Kumar M Public Relation officer Dr.Venugopal K, and EC Members Dr, Hemalatha, Dr. Aruna ,Dr.Narashimamurty Dr. Vikram S Biligiri Dr.Rakshith S C committee member Dr. Venkatachalaparthy . It was attended by around 150 participants. The program was actively participated by doctors, medical students, health workers, the public and environmental well-wishers. In this Walkathon, the Victoria Hospital was held from IMA."As a doctor, we are looking at how to worsen the health of the people due to environmental pollution, warming and environmental damage. We intend to raise awareness about environmental protection and health among the public,"The program also staged a campaign to

reduce the green message panels, the pledge of environmental protection, and the reduction of carbon. The IMA Bangalore Branch will continue to work to raise public awareness on the development of the development, cleanliness, water conservation, tree planting programs and waste management in the near future. June 15th Public Health Guest lecture: we organized a public health guest lecture in which a lecture was delivered by Dr.S T Yavagal, senior cardiologist on the Topic-Pulse and another Lecture was delivered by Dr. Manjula on the Topic-Oral and maxillofacial surgeons at IMA House Auditorium. It was attended by around 110 participants. On 11.06.2025, Due to Air India flight crashed at Ahmedabad BJMC College Hostel, many people lost their lives including few doctors in flight and undergraduates students at the hostel to pay the heart felt tributes we had candle light march at the IMA House between 7 pm and 8 pm on 15.06.2025 which was attended by Our President, Secretary and Treasurer.

Branch : Doddaballapur
President : Dr. Vinaya Babu S
Secretary : Dr. Raghavendra KV

On 31.05.2025, Public awareness programme with spirometry screening on occasion of "World tobacco day -2025" at APMC market. 75 people are screened with spirometry. Dr Vinaya Babu, Dr Raghavendra K V, Dr Indira Prasad, Dr Prashanth MS, Dr Geetha MS, Dr Murthy Kumar, Dr Arjun M B, Dr Vijay Kumar were present on that day and given awareness regarding ill effects of tobacco on health. On 17.06.2025, conducted a CME in by WDW on topics: (1). "Adult BCG" - by Dr Niranjan, Consultant Physician and (2). "ANC - Importance of first trimester and focus on NT scan". On 18.06.2025 conducted a CME in association with Dr Padma Prakash Children clinic, Doddaballapur on topic Pyrexia of unknown origin - in current scenario by Dr Padma Prakash, Senior Consultant Paediatrician. On 26.06.2025, organised by IMA and WDW of Doddaballapur a multidisciplinary free health check camp for Paurakarmikas, office bearers and staff of Nagarasabhe Doddaballapur at Namma Clinic. Participated by Dr Vinaya babu, Dr Raghavendra K V, Dr Indira Prasad, Dr Geetha M S. 109 beneficiaries are screened for blood sugars, BP, general checkup, ENT checkup, thermal breast scan for females, gynecological checkup. 30 pap smears were taken.

Branch : Gadag

President : Dr. Pavankumar N. Patil Secretary : Dr. Tukaram Sori

On 22.05.2025 on the occasion of 11th anniversary of Aashraya Hospital Gadag Dr Shridhar Kurudagi and Dr No No

Sunitha Kurudagi arranged volunteer blood donation camp in Ashraya Hospital Tagore Road Gadag. On 27.05.2025 IMA Gadag in Adarsh Shikshan Samiti Gadag conducted a blood donation, health checkup camp and health awareness program. Dr Sneha Shirol gave a health awareness for girls Menstrual Hygiene and Dr Veeresh V D gave talk on skin awareness talk. On 01.06.2036 IMA Gadag participated in bicycle rally on "WORLD BICYCLE DAY" celebration under Khelo India's fit India program at K H Patil district stadium. On 05.06.2025 IMA Gadag in association with Gadag Dermatologist s Association conducted continued medical education program on Hyperpigmentation of face and its management, Speaker Dr Saleem A Jamadar MBBS MD Jamadar's Skin Care Centre Gadag CHAIRPERSON Dr Girish Nagaral MD HOD DEPT OF DERMATOLOGY KHPIMS GADAG,IMA HALL VAKIL CHAWL Gadag. On 14th and 15th June IMA MEDICO-LEGAL ANNUAL KARNATAKA STATE CONFERENCE 2025 conducted by IMA KSB, IMA GADAG AND KHPIMS Gadag, 450 delegate registration and speakers all over the india came and conference attended by the National IMA President Dr Dilip P Bhanusali, Vice President Dr G B Bidinahal and Honourable Law Minister for Karnataka State Shri H K Patil ji. On 14.06.2025 World Blood Donors Day 14th June and Ist Death anniversary of Shri, Saikumar sir father. Hiten Fasteners Staff conducted VBD camp at Narsapur factory Gadag 63 blood units collection. On 16.06.2025 IMA in association with Shri Manjunath skin care Centre and Lions club of Gadag Betageri Lactogen 1 distribution for neonate and infants in Amulya dattu kendra Betageri Gadag. On 16-17.06.2025, IMA Gadag and Dr Satish Hombale Conducted Common YOGA PROTOCOL training offline & online from 16 & 17 june timing 8.15PM, Offline at Dr. Hombali yoga clinic. Hudco. No 21.M. I. G. 2. Offline 3 members attended and online 20 members attended this program. On 19.06.2025 Cadaver transplant - could be after brain stem death or circulatory arrest. With the support from Medical College our transplant team could mobilize and organize one such donation in KH PATIL Hospital HULKOTI. It is first of its kind in Gadag district and more importantly it sends a strong message to society and promotes organ donation. Although this was a marginal kidney, recipient has made a good progress and her renal function has reached near normal. An appeal to everyone, please identify the potential donors - brain stem death patients and counsel regarding organ donation. We all could be a reason for somebody's wellbeing. TRANSPLANT TEAM -Gadag/Hulkoti. On 27.05.2025, IMA Gadag in Adarsh shikshan samiti Gadag conducted a blood donation, health checkup camp and health awareness program. Dr Sneha Shirol gave a health awareness for girls Menstrual Hygiene and Dr Veeresh V D gave talk on skin awareness talk. On 01.06.2025 IMA

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Branch : Gangavathi
President : Dr. A.S.N.Raju
Secretary : Dr. Nagaraj

On 27.05.2025, IMA Gangavathi has conducted health camp in Annapurna Nursing Hospital, Maski for patients

~30~

7

Branch Activity Gallery

















Branch Activity Gallery

















Branch Activity Gallery

















Branch Activity Gallery





Yadagiri





Yelahanka

President visit to Local Branches







At Kalburgi with
Dr.Dilip Bhanushali
National President, IMA Hyrs

IMA-KSB Doctors' Day Celebrations Gallery





















7

IMA-KSB Doctors' Day Celebrations Gallery





















IMA-KSB Doctors' Day Awardees Gallery























Dr.K.M. Nayak, Raichur

Mangaluru

Dr.Nagaraj.H, Shimoga

Or.Premalatha.H.L, Hassan

Dr. Kujenuru Kumur, Kon









Dr.J.Sharanappa, Yelahanko









Happy to share that I extended an invitation, along with Dr. Venkatachalapathi, Past President of IMA KSB, and Dr. Shankarnarayan, Treasurer of IMA KSB, to Justice Ashok B. Hinchigeri, the Chairman of the Law Commission of Karnataka, to be the Guest of Honor for Doctor's Day on July 1st, and he graciously accepted it. During the interaction, we took the opportunity to explain the challenges faced by doctors.

- Dr. Suriraju.V, Hon. Secretary

IMA-KSB President Dr. V.V. Chiniwalar, Hon. State Secretary Dr. Suriraju V. and Hon. Jt.Secretary Dr. Madhushankar L. addressing the Press Meet at Press Club of Bengaluru on 30.06.2025 regarding IMA-KSB Doctors' Day Celebration.



IMA-KSB 886th State Working Committee Meeting

Held on 22-06-2025 at Sirsi, Uttara Kannada





MEDICAL STUDENT NETWORK - IMA-KSB PROGRAMME



Dr.Padma Prakash Chairman, MSN IMA KSB.

Medical students network IMA-KSB conducted virtual meeting about TIME & STRESS MANAGEMENT IN MEDICAL STUDENTS on 21.06.2025 between 8:00 to 9:00 p.m. Dr.C.R. Chandrashekhar renowned psychiatrist and padmashree award of 2024 was guest speaker. It was very informative, and insightful full presentation. We MSN IMA KSB acknowledge his experience as psychiatrist & express our sincere gratitude & humbly thank him for is presentation.

Dr.Vinaya Srinivas

Coordinator, MSN IMA KSB.

with urological, gynaecological and orthopaedic problems. On 21.06.2025 On the occasion of International Yoga Day, IMA Gangavathi has organiseda Yoga and Meditation Session in IMA Hall for 26 doctors.

Branch : Gokak

President: Dr. Kempanna Kallappa Haligoudar

Secretary: Dr.Vishwanath Sindholimath

IMA Gokak Branch has under taken several impactful initiatives over the last two months, focusing on public awareness, health education, and medical training: (1). World No Tobacco Day - 31.05.2025, a YouTube awareness video was released featuring an oncologists who emphasized the importance of quitting tobacco to prevent oral cavity cancers and other related diseases. The initiative aimed at sensitizing the general public on the dangers of tobacco use. (2). World Blood Donation Day - 14.06.2025: On this day, a motivational video was created to encourage voluntary blood donation. Demonstrating leadership by example, 15 IMA doctors donated blood at Rotary Blood Bank, Gokak, to inspire the community. (3). International Yoga Day – 21st June 2025: IMA Gokak celebrated Yoga Day with an energizing Habuild Yoga session held at the IMA Hall. Around 30 doctors, participated enthusiastically, reinforcing the importance of physical and mental well-being.

Branch : Harapanahalli

President: Dr. K.M Nusrath Ulla Khan

Secretary: Dr. Harsha G. V.

A CME program was successfully conducted Samatha Resort, Harapanalli. In association with Justice K S Hegde Charitable Hospital (NITTE University) IMA Harapanalli. The program featured two insightful sessions by esteemed speakers. Dr. Vinay Kumar J. R from the Department of Surgical Oncology delivered a lecture on "Changing Landscape in Cancer Surgery: From Prevention to Robotic Surgery." His presentation highlighted the evolution of surgical techniques and the increasing adoption of robotic technology in oncology. The second session was conducted by Dr. Adarsha Shetty from the Department of Pulmonary Medicine, who spoke on "Community Acquired Pneumonia." He discussed the latest diagnostic and treatment protocols, emphasizing early detection and antibiotic stewardship. The event was graced by Office bearers of IMA Harapanalli, including Dr. K M Nusrath Ulla Khan (President), Dr. Jayashree G Patil (Vice President), and Dr. Harsha G V (Secretary), coordinated the program.

Branch : Harihar

President: Dr. Jayaprakash Shetty

Secretary: Dr. Gopi. A

IMA Harihar Branch conducted CME on "Role CT angiography in practice" by Dr Dhananjay cardiologist, S.S. Narayan, Davanagere and Management of extra hepatic portal vein obstruction "Dr Hanumant Naik, S.S. Narayan Davanagere on 29.06.2025.

Branch : Holalkere President : Dr. H.S.Shivanna

Secretary : Dr. Manjunath. C.H.

IMA Holalkere conducted CME on diabetes and its renal complications on 30.05.2025 at sneha comforts. Dr Murali Muparappa Nephrologist N M D clinic spoken. 26 doctors attended the session.

Branch : Hunsur

President : Dr. Vrushabendraswamy Secretary : Dr. Keerthikumar.S.K

On 21.06.2025 CME Programme was conducted at The Quorum Hotel, Mysore. In association with Apollo BGS Hospital, Mysore. Topic: (1). "Kidney transplantation" by Dr.Srinivas Nallor, Chief Nephrologist and kidney transplant surgeon. Apollo BGS Hospital, Mysore and (2). "3rd Space endoscopy and artificial intelligence in GI endoscopy by Dr.Rajkumar P Wadhwa, Chief Gastroenterologist Apollo BGS Hospital, Mysore. 41 members attended this program.

Branch : Jamkhandi President : Dr. H.G.Daddi Secretary : Dr. Biradar

On 30.05.2025 & 31.05.2025 - Emergency meetings to discuss about the mob violence on one nursing home. Members met the Local Police authorities to discuss about the above incident. On 21.06.2025 international Yoga Day at local College was conducted.

Branch : Kolar

President : Dr. M. Narayana Swamy

Secretary: Dr. Devaraj.N.C.

On 24.06.2025, A CME programme was organized. In association with SAKARA WORLD HOSPITAL BANGALORE. Topic: "Made a Presentation on Advances in Neurosurgical Practice" by Dr. Dilip Mohan consultant Neurosurgeon, (2). "Management of coronary calcium" by Dr Pradeep Kumar D Senior consultant in cardiology. More than 40 members attended the programme. There

was a Very good interaction between the participants and the speakers. Dr. M. Narayana Swamy President IMA thanked all the speakers, doctors and the sponsors. Program was followed by dinner.

Branch : Koppa

President : Dr. Anitha N. Rao Secretary : Dr. Saniya Sabahi

On 21.06.2025 Participated in World yoga day at Town hall Koppa. On 22.06.2025 Participated in SWC meeting at Sirsi. Participated in a ralley Drug awareness day with college students.

Branch : Kundapur

President : Dr. Balakrishna Shetty Secretary : Dr. Sandeep Shetty

On 31.5.2025 6th CME of the year was conducted wherein Professor and HOD, Department of urology and renal transplant, Father Mullers medical college Mangaluru - Dr Prashanth Adiga spoke on topic 'UTI-What clinicians should know? Associate Professor Department of urology and renal transplant, Father Mullers medical college Mangaluru - Dr Kishanraj spoke on 'Acute and Chronic Prostatitis. Interactive question and answer followed the talk. CME with our own IMAKites as speaker added more colour to the program. On 21.06.2025 7th CME of the year was conducted, Dr Rohan Shetty, Consultant, Department of Surgical Gastroentrology, A J Hospital and Research Center, Mangaluru - spoke on topic 'Recent advances in staplers and sutures and its application'. CME was well appreciated by members.

Branch : Mangaluru

President : Dr. Jessy Maria D'Souza Secretary : Dr. Archana Bhat

In view of World Thyroid Day Mangalore Endocrine and Diabetes Society in association with Indian Medical Association Mangaluru branch organized a one day CME "Mangalore Thyroid Updates CME 2025" on 25.05.2025, at IMA House, Attavar road, Mangalore. This is followed by a post graduate Endocrine quiz were around 25 teams from different parts of Karnataka participated in the event. The 1st prize bagged by KMC Manipal. The 2nd Prize was bagged by JJMC Belgaum and 3rd Prize was bagged by KMC Mangalore. The CME was attended by total of 150 Doctors of various parts of Mangalore. Dr. Arunachalam, Prof and senior consultant physician AJIMS was the Chief Guest for the CME. There were various talks by different endocrinologists from different parts of Karnataka followed by a interactive panel discussion on Thyroid

Topics. CME was followed by a traditional lunch and final rounds of the guiz were held in the afternoon. WDW WELLNESS PROGRAM. Apart of well being activities for women doctors of WDW, a potluck was organised along with games on 29.05.2025 at IMA office, Attavar road, Mangalore. The emphasis was on healthy and nutritious food to nourish and nuture wellness among women doctors. The program was well appreciated and enjoyed by all members. PUBLIC AWARENESS ACTIVITY Dr Vijayalakshmi Subramaniam conducted a free Fall Risk and Balance Assessments for senior citizens in association with Srinidhi polyclinic and diagnostics from 2nd to 17th May, 2025. It was open to all to make use of this opportunity. INDIVIDUAL ACHIEVEMENTS: Hearty congratulations to Dr Aruna Yadiyal on the publication of her maiden novel in Kannada published under Harivu publications. Congratulations to Dr Nageshwari for winning the Best smile crown on 2nd march at lady India Karnataka Mangalore 2025 conducted in collaboration with JCI and other collaborators. Dr Prabha Adhikari was a panelist for the topic "Hip fracture-Emergency care, preoperative care and post-operative care.

Branch : Mandya

President : Dr. T.N. Marigowda

Secretary: Dr. M. Vinay

On 21.05.2025, IMA Mandya Branch arranged a CME program in Amaravathi hotel. Dr Vijaykumar spoke on robotic surgery in cancer care. Dr Vinay spoke on recent advances in radiation oncology. Dr Srinivas spoke on recent advances in medical oncology. About 80 doctors attended the program. On 24.05.2025, IMA Mandya Branch arranged the State Level Singing Competition 'Voice of Karnataka' for IMA members and medical students. It was held at MIMS Mandya. More than 300 doctors participated in the competition. The competition was in below 45 years, above 45 years, doctors' spouses and medical students. Inauguration was done by State IMA president Dr VV Chinivalar, Secretary Dr Suriraju, KPPS chairman Dr Madhusudhan Kariganur, Vicepresident Dr Malavegowda, Director MIMS Dr Narasimhaswamy and others. Judges were the famous Dr MS Natashekar, Dr Sangeetha Katti and Dr T Bailur. The program was telecast live on youtube. It was well organized from IMA Mandya branch and Manini where more than 500 spectators attended the show. On 31.05.2025, Medical students were addressed at IMA Mandya about IMA MSN, medical students' network by Dr Padmaja (IMA Bengaluru). Dr Narasimhaswamy (director, MIMS, Dr Hanumantha Prasad (Principal MIMS), Dr Marigowda (President IMS Mandya) & Dr Vinay (Secretary IMA Mandya) presided over the program. On 01.06.2025 World Anti-Tobacco Day was commemorated

Officer, Dr Kumar, Dr Hugar S, RCH officer Dr Ashwath, Dr Marigowda (president IMA Mandya) gave education regarding tobacco use, its effects and prevention and control. On 02.06.2025 Paakashaala Hotel which is in the new IMA building was inaugurated. Chief guest was dr VL Nandish, senior surgeon, Dr Jagadish Kumar (senior pediatrician), Dr Krishnappa (senior ENT specialist), Dr Guptha(senior pediatrician), Dr Marigowda (President IMS Mandya) & Dr Vinay (Secretary IMA Mandya) presided over the program. On 06.06.2025, Inauguration of new IMA Building in Mandya-Maddur expressway. Inauguration by Sri. Sri. Sri. Suttur Desikendra Mahaswamijigalu, Sutturmata, Mysuru, Sri Sri Sri Nirmalanandanatha Mahaswamijigalu, Adichunchanagirimata, Nagamangala. Sri Sri Sri Siddalinga Mahaswamijigalu, Siddagangamata, Tumakuru. Chief guests were Dr VV Chinivalar (IMA state president), Dr Narasimhaswamy (Director MIMS), Dr K Mohan (DHO Mandya), Dr Srinivas (Ex-president IMA-KSB) and others. Dr Marigowda (President IMS Mandya) & Dr Vinay (Secretary IMA Mandya) presided over the program. It was well organized by Dr VL Nandish, Dr

at Government Ladies College by IMA Mandya. It was

inaugurated by the District Judge. District Surveillance

Branch : Nanjanagudu President : Dr. Ravi. C. S. Secretary : Dr. Srikanth. S.

parking and play area for children.

An orientation programme for CPR was conducted under the aegis of IMA Nanjangud by Dr. Santhosh Bennur and Dr. Divya Rani. The class was attended by many nurses from various hospitals in Nanjangud wherein they were taught the value of CPR and how it is supposed to be done using a manikin. This heralds the beginning of many such classes to be taken in future.

Jagadish Kumar, Dr Krishnappa, Dr Gupthaand others. Dr

VL Nandish was felicitated. He is instrumental in buying

the land and constructing the IMA building. He has made

itself sustaining by giving a part of the building for rent to

Paakashaala hotel and making IMA self-sustaining. In the

IMA building he has constructed a function / CME hall,

dining area, recreation area, women's hall, office rooms

and rooms for stay of IMA members. The area has ample

Branch : Raichur

President : Dr. Shrishailesh S. Amarkhed Secretary : Dr. Sushrit A. Neelopant

In view of the intense summer heat in Raichur, IMA Raichur, took a thoughtful initiative to support the wellbeing of the local community. As part of their social responsibility and commitment to public welfare, IMA

Raichur installed gratis water facilities at two key locations in Raichur city. These installations aim to provide clean and safe drinking water to travelers, daily commuters, and residents, helping them stay hydrated during the scorching summer months. This initiative reflects the organization's dedication to serving the people of Raichur beyond medical care, especially during challenging weather conditions. A General Body Meeting of IMA Raichur was also convened, where a cheque amounting to ₹2, 36,000 was presented towards the IMA Headquarters building fund. The meeting was graced by several dignitaries, including Dr. Malavegowda, Vice President, IMA-KSB; Dr. Madhusudan Kariganur, Chairman, IMA-KSSS and Past President, IMA-KSB; and Dr. Shivkumar Lakkol, also a Past President of IMA-KSB. More than 40 members participated in the meeting. In addition, committee members addressed local branches of WDW, ROGS, IAP, and API in Raichur regarding the HPV vaccination campaign. A visit to Mantralayam was also organized for all participating State Working Committee and Council members. KIMS Hospitals, Kurnool, in association with IMA Raichur, organized a CME Programme at IMA Hall, Raichur. The event featured sessions on Recent Advances in Urology by Dr. Y. Manoj Kumar and Management of Nephrotic Syndrome - 2025 Guidelines by Dr. K. Anantha Rao. The evening concluded with a corporate dinner. A blood donation camp was organized by the Akhila Bharatha Chiranjeevi Youth Association, during which 11 units of blood were collected, contributing to the community's emergency healthcare needs. Hearty congratulations to Dr. N. S. Javali Sir on being honoured for his lifetime achievements during APICON 2025, held at KMCRI Hubli on 15.06.2025. This well-deserved recognition is a testament to his exemplary contributions and unwavering dedication to the field of medicine.

Branch : Shivamogga
President : Dr. S. Sridhara
Secretary : Dr. Vinaya Srinivas

On 22.05.2025, team visited senior physician Dr N L Nayak at his residence, felicitated him and spent some good time with him. On 24.05.2025, team arranged a presentation on 'Black Hole' for members of Star gazers club, a unit of IMA. On 26.05.2025, a Health Talk on 'Menstrual Hygiene' by Dr Anusha G K was broadcast on AIR as a part of IMA sponsored health series lectures. On 28.05.2025, team uploaded a video on "Menstrual Health and Hygiene" in IMA Shivamogga YouTube channel. On 30.05.2025, team arranged a lecture on 'Menstrual Health' by Dr Veena M Vernekar and Dr Rashmi D for students of Subbaiah Nursing College. On the same day team felicitated Dr Dayanand Sagar, assistant professor



from the dept. of Psychiatry, Subbaiah Medical College for securing 615th rank in UPSC 2024. On 30.05.2025 team arranged health talk on 'Life style diseases' by Dr Vinaya Srinivas for residents of P & T layout. On 31.05.2025, team participated in walkathon on the occasion of 'World No Tobacco Day'. On the same day team arranged a lecture on 'Ill effects of Tobacco' by Dr Mahendra M for students of SIMS Nursing College. On the same day on the occasion of 'No Tobacco Day'a special interaction by three different specialists Dr Sujith H, Pulmonologist, Dr Vivek M A surgical oncologist and Dr Amith Raj, radiation oncologist) on 'Tobacco and its harmful effects' was broadcast on AIR Bhadravathi Team conducted 'Reel making competition 'on the concept of No Tobacco Day for members and medical students. On 01.06.2025, IMA Literary Club was inaugurated and review of literary books by our members. On 02.06.2025, a Health Talk on 'Cardiac diseases in Children' by Dr Mahesh Murthy B R was broadcast on AIR as a part of IMA sponsored health series lectures. On 02.06.2025 team arranged an awareness talk on 'Menstrual Hygiene' by Dr Bhagyashree Kathari, Dr Shashikala N and Dr Krithi Bhat for students of Subbaiah Dental College. On the same day one more lecture on 'Menstrual Hygiene' by Dr Swathi Kishore was arranged for students of Mary Immaculate Girls High school. On 03.06.2025, team arranged an awareness talk on 'Menstrual Health' by Dr Kousthubha Arun for students of Sahyadri High School. On 04.06.2025, team arranged a lecture on 'Menstrual Health' by Dr Swathi Kishore for students of Government High School Santhekadur. On 05.06.2025, team observed World 'Environment Day' by planting saplings in the premises which was followed by a lecture by popular environmentalist Prof B M Kumaraswamy. On 07.06.2025 team arranged CPR Education programme by DrAnup Rao for staff of Chandragiri Multispecialty Hospital. On 09-06-2025, a Health Talk on 'Common Skin Diseases' by Dr Sitaram L M was broadcast on AIR as a part of IMA sponsored health series lectures. On 10.06.2025, team arranged a health talk on 'First Aid Techniques and Safety Measures' by Dr Santhosh K B for staff at KPTCL, Shivamogga. On the same day a Guest Lecture by Dr Niveditha Hegade for postgraduate students from the dept. of OBG was conducted at SIMS. On 12.06.2025, team visited senior paediatrician Dr T R Devendrappa at his residence, felicitated him and spent some good time with him.On 14-06-2025, on the occasion of World Blood Donor Day a voluntary blood donation camp was conducted and 25 units of blood were collected. On the same day a special musical programme 'Amruthagana' by our members was held which got lot of appreciation. On 15.06.2025, a special guest lecture by Padmashree Dr C R Chandrashekhar on 'Doctors and Mental Health' was held

at our auditorium. On 16-06-2025, a Health Talk on 'Disorders of Liver' by Dr Pradeep Kumarwas broadcast on AIR as a part of IMA sponsored health series lectures. On 18.06.2025 team arranged an awareness lecture on 'Menstrual Health and Hygiene' by Dr Priyamvada H V for students of Bapuji Ayurveda Medical college. On 20-06-2025 team organised a CME programme on 'Robotic Knee Surgeries' in association with Aradhana Orthopaedic Centre.

Branch : Sirsi

President : Dr. Krishnamurthy Hegde Secretary : Dr. Shreeshruthi Hegde

CME was conducted in association with NITTE Justice K S Hegde charitable hospital on 31.05.2025, in IMA Suvarna Saudha. Speakers Dr. Krishna Sharan spoke about multidisciplinary approach towards cancer treatment and Dr. Praveen Kumar R Bhat educated the gathering about the robotic surgeries. CME program was conducted on 7th of June at IMA Suvarna Saudha regarding Rheumatology. Dr. Rahul Bisaralli from SDM medical college and Hospital Dharwad discussed the various case scenarios involving various body parts in rheumatology including management aspects. KSB, State President local branch visit was held on 21.06.2025, our honerable President Dr. V V Chiniwalar engaged the meeting with Sirsi IMA members. Hon. Secretary addressed the gathering about the various schemes related to IMA. North Canara District level mixed basket CME program was held on 22.06.2025, at IMA Suvarna Saudha. 130 registrations received all throughout the district. 16 Speakers, doctors from various fields, all over Karnataka were engaged in the educational exchange which earned 2 CME credit points from KMC. 886th State working committee meeting was held on 22nd of June at IMA Suvarna Saudha. Dr. Ashay Telang was resource person for the NSS camp organized by Law college students at Kulave on 26.05.2025. He educated young minds on the topic -Mental health in young adults. Dr. Ashay Telang gave a talk on Geriatric Mental health issues for public at Rotary club weekly meeting on 31st May. Dr. Krishnamurthy Raysad was a resource person on the No tobacco day celebration at TSS educational society on 31st May, where he educated the younger generation about the ill effects of tobacco use, its avoidance and tobacco related cancers. Eye care awareness program and free eye checkup camp was held by Dr. Ravindra Kolvekar in association with M M Joshi Ganesh Netralaya, Sirsi on 11th of June at horticulture college, Sirsi. Over 300 beneficiaries attended the program. Dr. Divakar Bhat was a part of Rajarajeshwari Rrunaddicts - run for a cause - educate rural children on June 15th at Bengaluru. On 18th of June

7

Dr. Ashay Telang attended provided free health check-up services for the employees of Marikamba temple organized in association with Green care NGO, providing health mental counselling also for the benefiters. Dr. Divakar Bhat educated the public- employees of BEML on preventing heart attacks on June 17th. Psychiatrists of Sirsi, Dr. Giridhar N L, Dr. Ashay Telang and Dr. Madhumita participated in a mental health awareness program at 1st grade govt. degree college, Sirsi on occasion of World Schizophrenia day. Dr. Ashay was also the judge for the poster competition for psychology students. Dr. Kailash Pai was the winner in State level Badminton Tournament in above 40 Men's Doubles held by Dr. L H Pai Memorial Badminton Tournament in Sirsi on 14th and 15th June. He was runner up in Taluk Level Open Doubles and Jumbled doubles. IMA ongoing projects: (1). There were 82 new admissions to Rotary IMA PGH NICU from 20th April to 19th May. (2). Total 11 women were screened for Ca Breast at Mammography unit, Sirsi Scan Centre which is a joint venture of Rotary inner wheel club and IMA women doctors wing, Sirsi. (3). since 20thApril till May 19th, a total of 4 new premature babies were screened and 6 old babies follow-up done for ROP under the project BIRDY, a joint venture of Ganesh Netralaya Sirsi and IMA Sirsi. ROP laser treatment was given for one of the babies. (4). There were a total of 197 units of blood issued in PG Hospital's Blood center run in partnership with IMA. There were a total of 211 donations including 23 at a camp held at GFGC, SIrsi, 12 at Banavasi and 23 at blood bank respectively. (5). Juvenile diabetic camp conducted at Mahalaxmi memorial hospital by IMA doctors, in association with National endocrinology society of India and Rotary club sirsi has enrolled 32 patients so far from 2 yrs to 24 yrs of age. Monthly free checkup, free distribution of glucometers/ insulin pen carried out in sponsorship of NESI.

Branch : Tumkur

President : Dr.K.P.S.Bhushan Secretary : Dr.Pradeep Prabhakar

On 09.06.2025, World Environmental Day was conducted at Kadaranahalli forest region, Tumkur taluk. On 13.06.2025 Condolocence to Medical students and Victims of plane crash at IMA Premises. On 13.06.2025 CME Programme was conducted on ENT at IMA Premises.

Branch : Yadgiri

President: Dr. Chandrakanth Poojari

Secretary : Dr. Sharan Patil

On 05.06.2025, CME programme was conducted at NVM Residency Hotel, Yadgiri. Topic: "Welfare Schemes of IMA Karnataka" by Dr Madhusudana Kariganu,

Chairman IMA KPPS. On 01.07.2025, "Doctors Day" was Celebrated NVM Residency Hotel, Yadgiri. Yadgiri Dist. Superintendent of Police Mr.Prithvik Shankar as Chief Guest and Yadgiri DHO Dr. Mahesh Biradar as Guest of Honour. Followed by Cultural Activities and Games. More than 50 Doctors and Medical College Students have participated. Felicitation to Senior Female doctors. Dr Asha Anwar CMO GGH YADGIR and Dr. Aparna Rajendra, Senior Opthalmologist.

Branch : IMA Yelahanka
President : Dr. Shanthala Girish
Secretary : Dr. Padma Prakash

On 03.06.2025, "TOBACCO DAY" awareness programme & talk on asthma prevention and treatment was conducted in association with government hospital Yelahanka. Dr. Rajesh physician & MD of Navachethana hospital delivered health talk about prevention and management of asthma. Dr. Ajay Rao physician addressed about disadvantages of consumption of tobacco & prevention of its usage. Dr. Ganesh AMO with their colleagues attended the programme. Around 60 nursing students & patients presided over the programme. On 09.06.2025, IMA Yelahanka in association with Lions Club and Lions Blood Bank conducted a voluntary Blood Donation Camp to celebrate upcoming World Blood Donation Day. The Camp was a great success with total collection of 106 units of blood. The program started with the Inauguration of the camp by Dr. Suri Raju, Hon State Secretary IMA KSB in the presence of other Members of lions club, our IMA office bearers & members. High light of the program was the combined celebration of World Earth Day where all donors were presented with a sampling as a token of appreciation for their kind gesture. Dignitaries from the Yelahanka Lions Seva Trust &IMA doctors donated blood. Certificates of appreciation were presented to all donors, who were also served fresh juice, healthy breakfast and lunch following the donation. Our sincere thanks to Donors from GKVK, KPTCL, volunteers from PES College, staff from Hospitals like NavaChethana Hospital, Regal Hospital, KK Hospital, Anupama Hospital and Kishore Hospital & 12 IMA Yelahanka Doctors. On 20.06.2025, monthly CME was conducted at ROYAL ORCHID hotel in association with Sparsh Hospital, Yelahanka. Around 130 people participated in the scientific session. Programme started with IMA prayer and flag salutation by Dr. Padma Prakash secretary.one minute silence was observed for the departed souls of AI 171 flight crash at Ahmedabad on 14.06.2025. Dr.Vivek gundappa, consultant interventional pulmonology spoke about medical thoracoscopy. Surgical videos were reflecting his skill & the response from the audience was truly amazing. Dr. Smitha naregal Consultant

Pulmonologist briefed about quite crisis in pulmonology practice. Expertise presentation was well acknowledged by the gathering. Dr. Suma K. Rao consultant cardiac Anesthetist and intensivist presented an insightful content & practical day to day tips for practicing anesthetists. All the 3 speaker's passion for the topic & presentation was contagious. Dr. Shantala Girish President IMA Yelahanka updated about our branch activities of May month & highlighted the details of newsletter.

Branch : Udupi-Karavali

President : Dr. Kalya Suresh Shenoy Secretary : Dr. Sharathchandra Rao

On 22.05.2025, World preeclampsia day on the occasion of World preeclampsia day Dr Rajalakshmi spoke on high risk pregnancy to self-help group members at Sagri, Manipal. Attended by 50 members and 10 students of Social work. On 25.05.2025, CME programme was conducted at IMA Bhavan, Udupi Dr. Sahana Srinivas and Dr. Adarsh Hegde were the resource persons. More than 60 members attended. On 31.05.2025, World No Tobacco day Dr Rajalakshmi's awareness article on tobacco and women got published in Karavali Xpress on the occasion of World No Tobacco day. On 31.05.2025, World No Tobacco day World No Tobacco day was celebrated in association with Dr AV Baliga institution. Attended by more than 100 students from different colleges, Red Cross participated. Various lectures covering different aspect of tobacco ill effects were conducted. President Dr Suresh Shenoy addressed the gathering about the theme of No Tobacco day. Motivated the students to take action against tobacco. On 05.06.2025, wareness session on plastic free environment Awareness session on plastic free environment on the occasion of World environmental day at LVP higher primary school, Santhekatte by Dr Rajalakshmi. Attended by 280 students and 10 teachers .Students were very interactive and displayed the slogans prepared by them on How to protect our environment. On 09.06.2025, our member Dr.Rajalakshmi Attended PMSMA at PHC Hoode and spoke on pre-pregnancy counselling, lactation and contraception. On 14.06.2025, World blood donors day On the occasion of World blood

donors day Dr Rajalakshmi addressed the staff of Goretti hospital Kallianpur on importance of blood donation And sensitized the nurses and paramedical staff about sexual harassment at workplace. Attended by 60 members. On 14.06.2025, talk on good touch and bad touch Dr Rajalakshmi Addressed the students of Hindu higher primary school Kalliapur on good touch and bad touch and POCSO. CME was held on 15.06.2025. Dr Shiran Shetty, Medical gastro professor spoke on recent advances in Gastro enterology. Dr Jegan Mohan department of gastro intestinal surgery spoke on advances and techniques in gastro surgery. More than 50 members attended. On. 15.06.2025: Music melody Music melody to improve attendance was conducted by our own members and family on 15th June before the CME. Dr Arathi Hebbar on veena, Dr Suresh Shenoy on Sitar and Anagha d/o Dr Arathi played Violin. Highly appreciated by all. On 19.06.2025, Spoke on teen mental health, addictions, teen sexuality Dr Rajalakshmi addressed the students of Govt Tools and Technology at Uppoor, Udupi. Spoke on teen mental health, addictions, teen sexuality and POCSO. Attended by 200 students, 10 students of social work and 5 teachers. Trek to high-altitude camp, Dr Dinesh Nayak and Dr Shashikiran Umakanth from IMA Udupi-Karavali successfully completed a 12-day high-altitude trek to Everest Base Camp in April 2025, as part of a five-member team. The challenging expedition offered a firsthand experience of extreme cold and hypobaric hypoxia, with temperatures dropping to -17°C and SpO2 to 70% at the base camp. IMA Udupi-Karavali members Dr. K Vinayak Shenoy, Dr.Anupam Choudary, Dr.Suresh Shenoy and Dr.Janardhan Prabhu are participated in AroghyaVahini program in U channel Udupi. Our members Dr. Rajalakshmi, Dr. Aravind Prabhu and Dr. Sulatha Bhandary areparticipated in Vaidya Sindhu program of IMA on daiji World Udupi as a resource person Spoke on menstrual hygiene. IMA Udupi-Karavali are proud that following members participated in IMA voice of Karnataka at Mandya on 2024 and 25..Dr Suresh Shenoy, Dr Vijay Kumar shet, Dr Krishnamurthy, Dr Sandeep, Vidya Suresh Shenoy, Smitha Sudesh, Padma Chandrashekar participated. Dr Krishnamurthy, qualified for semifinals. Mrs. Smitha Sudesh and Mrs. Vidya shenoy qualified for Finals. Mrs. Vidya Shenoy won 3rd place as Judges Appreciation award. We wish all congratulations.



Obituary

Dr. Mahabaleshwara Maiya Life member of IMA Bangalore Branch



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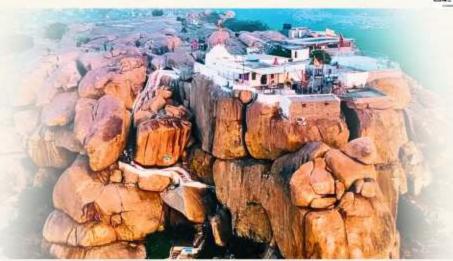


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Group	New Silver Jubilee	Subscription	Registration	Membership	Group Accident	Advance Fraternity	Total
Group	Scheme Age in Years	Fee	Fee	Contribution Fee	Benefit Fess	Contribution	Amount
1	Below 30 Years	200	500	8500	1500	15000	25700
2	Below 31 to 35 Years	200	500	10000	2000	15000	27700
3	Below 36 to 40 Years	200	500	11500	2500	15000	29700
4	Below 41 to 45 Years	200	500	18000	3000	15000	36700
5	Below 46 to 50 Years	200	500	23500	4500	15000	43700
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Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-			
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BATCH	START DATE	END DATE	SEATS
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ಬೆಂಗಳೂರು ವೈದ್ಯಕೀಯ ಕಾಲೇಜಿನಲ್ಲಿ ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದಿಂದ ನಡೆದ ವೈದ್ಯರ ದಿನಾಚರಣೆಯನ್ನು ಸಚಿವ ದಿನೇಶ್ ಗುಂಡೂರಾವ್ ಉದ್ಘಾತಿಸಿದರು. ರಾಜ್ಯ ಕಾನೂನು ಆಯೋಗ ಅಧ್ಯಕ್ಷ ನ್ಯಾ.ಅರ್ಡೋಕ್ ಬಿ. ಹಿಂಚಿಗೇರಿ ಇತರರಿದ್ದರು. ವೈದ್ಯಕೀಯ ಕಾಲೇಜಲ್ಲಿ ವೈದ್ಯರ ದಿನಾಚರಣೆ ವೈದ್ಯರ ದಿನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಸಚಿವ ದಿನೇಶ್ ಗುಂಡೂರಾವ್ ಭರವಸ

'ಪರವಾನಗಿ ವಿಳಂಬ:ಹೊಸ ವ್ಯವಸ್ಥೆ'

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ಹೊಸ ವೈದ್ಯ ಸಂಸ್ಥೆಗಳ ಸ್ಥಾಪನೆಯ ವಿಳಂಬ ನಿವಾರಣೆಗೆ ಕ್ರಮ: ಸಚಿವ ವೈದ್ಯರ ದಿನಾಚರಣೆ ಉದ್ಘಾಟಿಸಿ ಆರೋಗ್ಯ ಸಚಿವ ದಿನೇಶ್

• ಕಡಡವ್ರಭ ವಾರ್ಡೆ ಯಾಗಳೂರು

ಹೊಸ್ ವೈದ್ಯಕೀಯ ಸಂಸ್ಥೆಗಳ ಆರಂಭಕ್ಕೆ ಕೊಎರ್ ಅಡ ಪರವಾನಗೆ ಎಳಲು ನಿವಾರಸಲು ಹೊಸ ಪ್ರವಸ್ತೆ ತಂದು ಅನು ಕೂಲ ಮಾಡಿಕೊಡುವ ಪ್ರಸ್ತಾನ ಸಲ್ಲಿಸಲಾಗುತ್ತಿದೆ ಎಂದು ಆರೋಗ್ಯ ಸಾಭಾ ವಿಶೇಷ್ ಗುಂಡುರಾವ್ ಹೇಳಿದರು.

ಮಂಗಳವಾರ ಬೆಂಗಳೂರು ಪ್ರೆದ್ಯಕೀಯ ಕಾಲೀಚನಲ್ಲಿ ಭಾರತೀಯ ವೃದ್ಧಕೀಯ ಸಂಘರಿಸಿದ ವರ್ಷ ವೈದ್ಯರ ದಿನಾಜಿನಕ್ಕೆ ಉದ್ಘಾಟಿಕಿ ಅವರು ಮೂನಾಡಿದರು. ಸದ್ಯ ಕೊಟ್ಟರಾ ನೋಂದಣೆ ಅನರ ಹೊಸ ವೈದ್ಯಕೀಯ ಸಂಸ್ಥೆ ನರ್ಕಿಂಗ್ ಹೋಂ, ಅಸ್ತ್ರಕ್ಕೆ ಹಿರುಮಾಡಲು ಅಸಲ್ಪ, ಕೆಟ್ಟರಾ ಮಾರ್ಗ ಸಾಜಿ, ಪರವಾನಗೆ ಪರಿಕೀಲನೆ ಪಡೆಯುವುದಕ್ಕೆ ತಡ ಆಗುತ್ತದೆ. ರೀಚೈನಾಸ್ ಮಡಿಸುವುದೇ ಸಂಸ್ಥೆಗಳಿಗೆ ದೊಡ್ಡ ಸಾಹಸ ಎಂಬುವಾಗಿದೆ.

ಈ ತೊಂದರೆ ತತ್ತಿಸಲು ಯೋಜಿಸಿದ್ದೇವೆ. ಇಲಾಖೆಯಿಂದ ಹೊದಲೇ ನೋಂದಣೆ ನೀಡಿ ಬಳಕ ನಿಗವಿತ ಆರು ತಿಂಗಳಿಂದ ಒಂದು ವರ್ಷ-ಯರೆಗೆ ಇತ್ತಲ್ಲ ಪರವಾನಗಿ ಪಡೆಯಲು ಆವಕಂತ ನೀಡಲಾಗುವುದು, ಇವರ ಮಧ್ಯೆಯೆ ಸಂಸ್ಥೆ ಆರಂಭಿಸುಹುದು, ಬಳಕರಾಶ್ರಕ್ಷವಾಗಿಕೆ ಮಿಂದಾಗಿಗಾರದ ಪಡೆಯುವ ಸಾಧ್ಯವಾಗುವಂತೆ ಮಾಡಲಿದೇವೆ ಎಂದು ನಿರ್ದೇಷ್ಟ ನಿರ್ವಹಿಸುವ ಹೆಚ್ಚಿಸಿದರು. ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸಿದರು, ಹೆಚ್ಚಿಸುವ ಪರ್ಕಾಷ್ಟ್ರ ಹಮ್ಮನೆಗಳು, ಇದ್ದು ಪ್ರಸ್ತೆ ಹೆಚ್ಚಿಸುವ ಪರ್ಕಾಷ್ಟ್ರ ಹೆಚ್ಚಿಸುವ ಮೊಟ್ಟಿಸಿದರು, ಹೆಚ್ಚಿಸುವ ಮೊಟ್ಟಿಸುವ ಮೊಟ್ಟಿಸುವ ಮೊಟ್ಟಿಸುವ ಮಾಡಲು ಹೆಚ್ಚಿಸುವ ನೀಡಿದರು, ಅದನ್ನು ಮಾಡಿಗೆ ಅರ್ಲವಾದ್ಯವು ಎಂದು, ರಾಜ್ಯ ಕಾನುವರು ಅರ್ವಹಿಸುವ ಅರ್ಯಗಳ ಅಧ್ಯಕ್ಷ ನ್ಯಾಲಕ್ಕೆ ಸ್ವಾಟಿಸುವುದು ಪರ್ಕಾಣಗಳು ಮೊಟ್ಟೆಸುವ ಮೊಟ್ಟಿಸುವ ಮೊ

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